

Wayne Harris

Professional Driver Training

www.wayne-harris.co.uk

Tips for Safe And Fuel Efficient Driving

Acceleration Sense

Drive using the brake more lightly and less frequently by extending your observation and anticipating traffic movement. Keep looking a good distance from the vehicle in front is key to this.

Ease and Squeeze

Smooth driving is achieved by easing off and squeezing on pressure to the brake or accelerator pedals.

Take a Snap Shot View

When exiting a bend or joining a new road take a long distance view to the left or right of traffic ahead before your view is blocked.

REPS (Rear End Protection System)

Use your mirrors prior to braking.

SLOW (Speed Low – Observer Warning)

SLOW painted on the road suggests a history of accidents due to restricted view.

Vision Before Decision

Approaching a hazard, perhaps a roundabout? Got the view? Clear? Now take the gear and GO!

Better 20 Seconds Late In This World Than 20 Years Too Early In The Next

Even the time saved by an emergency vehicle going to the scene of an accident is marginal and they have sirens! Speeding rarely has a significant effect on journey time.

Be Proactive Not Reactive

Being proactive will dramatically improve your safety

Look OUT

Look **O**ver, **U**nder and **T**hrough parked vehicles at the side of the road

I Want My Licence To Expire Before I Do

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Brakes To Slow Gears To Go (One Gear One Hazard)

Slow the vehicle using the brakes, engage the correct gear for your speed and by-pass all intermediate gears